

# EMOTIONAL INTELLIGENCE MASTERCLASS

WORK SHOULD  
**FUEL** THE  
HUMAN SPIRIT,  
NOT DRAIN IT



WITH  
ANGIE LION

## WHAT WE COVER



Self Awareness



Self Regulation



Social Awareness



Social Regulation



Motivation



powered by:  
BLACK RIVER PERFORMANCE MANAGEMENT

## WHY EQ

High emotional intelligence possess strong interpersonal skills, allowing them to communicate effectively and empathetically. Increases understanding and leads to better collaboration, conflict resolution, and teamwork.

## INCLUDES

- Personal Emotional Intelligence Assessment
- Enrollment into a Custom Learning Course
- Weekly Training content and assignments
- Strategies for building skills in Emotional Intelligence
- Six Months of Content Access
- Group Coaching Calls

## PAYMENT OPTIONS

\$250  
Per Month  
or  
\$1400

One Time Payment

Space Is Limited  
Register Today

## TO REGISTER



CALL TODAY AT  
**208-557-8494**



EMAIL TODAY AT  
**ANGIE@BLACKRIVERPM.COM**

## WHY CHOOSE US

**With Angie's help, I have become a more thoughtful, deliberate decision-maker and empathetic leader.**

-Taylor Clute - Director of Partnerships at RecorGroup LLC

Angie and Rob Lion's passion and wisdom showed through immediately. They fostered a safe learning environment for me and others attendees to explore, self reflect and pursue growth opportunities for both the attendees and the organizations they represented.

-Mike Krause



<https://blackriverpm.com>

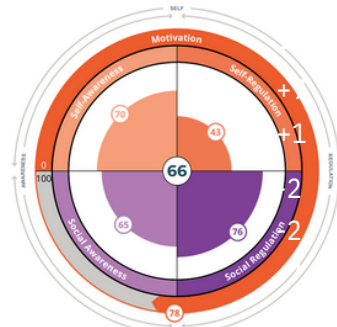
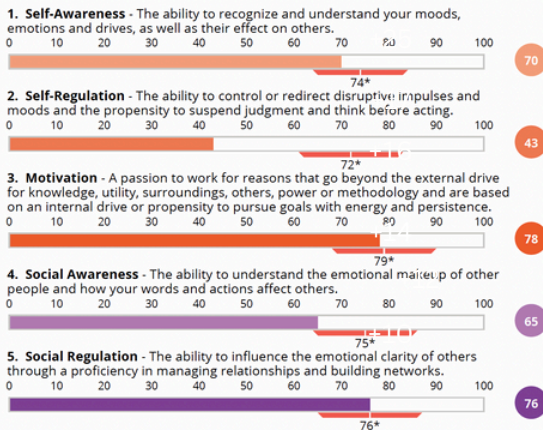
# Development Indicator

## We assess Emotional Quotient BEFORE we train.

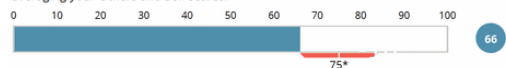
The assessment report shows each leader's emotional quotient based on 5 areas. Sample is shown below. Assessment is included in the price of the course.

### Emotional Quotient Assessment Results

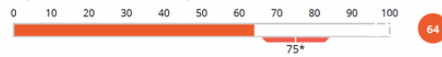
The Emotional Quotient (EQ) is a measure of your ability to sense, understand and effectively apply the power and acumen of your emotions and the emotions of others in order to facilitate high levels of collaboration and productivity. Your total score on the Emotional Quotient Assessment indicates your level of overall emotional intelligence. The higher the number, the more emotionally intelligent you are. If your goal is to raise your EQ, the components on which you have scored the lowest should be the focus of your development.



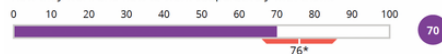
**Total Emotional Quotient** - Your total level of emotional intelligence, formed by averaging your Others and Self scores.



**Self** - The ability to understand yourself and form an accurate concept of yourself to operate effectively in life.



**Others** - The ability to understand other people, what motivates others, how they work and how to work cooperatively with them.



## Participation

This is a six-month online course that has one module per month that will take about 30 minutes per week to complete. Each month there is a group coaching component each month to work through questions, current issues, roadblocks, and put the content into practice.

## The Process

1. Purchase your course seat at <https://blackriverpm.com/masterclasses/emotional-intelligence-masterclass/>
2. Receive your login and password credentials for the website and App
3. Complete the online assessment (link is in the course)
4. Participate in Course Kickoff (on Zoom)
5. Begin coursework

## Coaching Dates & Times

Sept. 3, 2025 - 11am Kick-off Session

Sept. 3, 2025 - 11am Coaching session #1

Oct. 1, 2025 - 11am Coaching session #2

Nov. 5, 2025 - 11am Coaching session #3

Dec. 3, 2025 - 11am Coaching session #4

Jan. 7, 2026 - 11am Coaching session #5

Feb. 4, 2026 - 11am Coaching session #6